



Glen Lyon Ultra 2019 Results



Position	Race Number	Name	Category	Club	CP1 Split	Race Time
1	165	David Shaw	M	Dumbarton AAC	01:55:51	04:07:00
2	66	David Gow	M		01:55:51	04:11:45
3	161	Rodger Sangster	MV40		01:58:56	04:16:43
4	65	Claire Gordon	FV40	Hunters Bog Trotters	01:59:41	04:18:37
5	119	Barry (Baz) McLaughlan	MV40		01:58:11	04:21:21
6	159	Daniel Rowe-Leete	M	None	01:55:23	04:23:52
7	42	Lorne Crawford	MV40		01:59:29	04:26:00
8	171	Richard Stark	MV50		01:59:43	04:32:42
9	10	Joe Barnes	MV40		02:04:26	04:39:19
10	43	Shaun Cumming	M		01:55:22	04:40:08
11	103	Stuart Macdonald	MV40	Giffnock North	01:55:09	04:40:41
12	79	Stephen Hogarth	MV50	Grangemouth tri club	02:00:16	04:42:27
13	149	Richard Reid	MV40	Dunoon Hill Runners	01:59:30	04:44:15
14	53	Brian Elsey	M		02:02:11	04:44:17
15	121	Graham McNaught	M	Falkirk Victoria Harriers	02:02:38	04:44:23
16	98	Ewan Lyle	M	Insch Trail Running Club	02:04:25	04:45:38
17	185	Fiona Watt	FV40	Five Star Active Auchterarder	02:05:03	04:46:01
18	13	Finley Becks-Phelps	M		02:08:37	04:46:07
19	176	Angus Thomson	M	Edinburgh Athletics Club	02:09:00	04:47:06
20	153	Angus Robertson	MV40	LTRC	02:10:04	04:47:36
21	188	Mark Wheeler	MV40	Hamilton Harriers	02:01:28	04:48:26
22	139	Derek Paton	MV40	Carnethy Hill Running Club	02:08:41	04:48:32
23	54	Luke Elwin	MV40		02:09:44	04:49:28
24	125	Craig Melia	M	Forfar Road Runners	02:09:18	04:49:37
25	193	Paul Young	MV50	Lothian running club	02:06:18	04:51:07
26	23	Ian Burdett	MV50		02:08:16	04:52:51
27	178	Andrew Torrance	M		02:11:34	04:53:26
28	129	Chris Miller	M		02:16:12	04:53:42
29	101	Chris Macdonald	M		02:04:24	04:55:55
30	140	Graham Paton	MV40		02:14:42	04:56:23
31	158	Kevin Rogers	MV40	Perth Road Runners	02:09:38	04:56:46
32	57	Maaïke Felstead	F		02:09:21	04:58:19
33	142	Richard Preston	M		02:16:11	04:58:47
34	167	Martin Simms	M		02:14:59	04:59:27
35	63	Joseph Goldie	MV40		02:12:31	05:01:23
36	58	Clark Findlay	MV50	None	02:14:51	05:01:55
37	99	Graham MacBroom	MV40		02:14:10	05:02:26
38	151	Michael Rimmer	MV50		02:18:55	05:03:00
39	123	Stuart McNeish	MV40		02:13:22	05:03:43
40	87	Hugh Kerr	MV50		02:16:02	05:06:44
41	38	Andrew Corrigan	MV50	Lothian running club	02:22:14	05:10:41
42	150	Alex Reily	M		02:19:11	05:12:02
43	22	Paul Bullen	MV40		02:09:08	05:14:02
44	74	Gerry Healy	M		02:13:25	05:15:44
45	175	Gary Tait	MV40	Orkney running club	02:17:43	05:17:45
46	189	Dave Wilson	MV40		02:13:23	05:19:20
47	138	Aidan O'Byrne	M		02:20:19	05:21:32
48	51	Allan Dodds	M		02:24:07	05:22:28

49	11	Roy Baxter	MV50		02:29:07	05:24:51
50	21	Sharon Brown	F	Anster Haddies	02:30:11	05:26:26
51	183	Rod Wallace	MV40	Forres harriers	02:23:24	05:27:27
52	163	Mandy Scott	FV50	Corstorphine Amature Athletic Club	02:25:27	05:28:04
53	111	Andrew McCafferty	M	None	02:14:09	05:28:20
54	47	Stewart Dillon	MV50	Fife ac	02:29:50	05:28:45
55	122	David Mcneil	MV50	Wee County Harrier	02:31:08	05:29:46
56	107	Alastair MacSween	MV40	wee county harriers	02:31:17	05:29:51
57	132	Philip Milne	MV40	Forfar Road Runners	02:27:03	05:29:52
58	60	Mariusz Frytek	MV40		02:21:25	05:31:03
59	146	Neil Ramsay	MV40		02:24:14	05:31:29
60	83	Brandon Jackson	M		02:06:04	05:31:56
61	17	William Bishop	MV50		02:30:00	05:34:04
62	6	Marlene Bailie	FV40		02:30:58	05:37:03
63	32	Erica Clarkson	FV40	Pyllon	02:32:21	05:37:15
64	156	Luke Robertson	M		02:19:30	05:40:34
65	155	Hazel Robertson	F		02:30:13	05:40:35
66	33	Hilary Clinton	FV40	cairngorm runners	02:31:35	05:40:52
67	136	Kenny Napier	MV40		02:29:08	05:42:04
68	2	Fiona Anderson	FV40		02:35:43	05:43:56
69	46	Sarah Davies	FV40		02:35:20	05:44:01
70	174	John Strachan	M		02:27:39	05:44:30
71	192	Susan Wilson	FV40	Andrew Alan Architech	02:30:39	05:45:28
72	72	Debz Hay	FV50	Anster Haddies	02:39:16	05:46:22
73	88	Fiona Kirkaldy	FV50		02:38:13	05:47:30
74	160	Tanya Rzhanova	FV40		02:32:53	05:47:33
75	39	Brian Couper	MV40	Linlithgow A.C.	02:32:51	05:47:49
76	37	Iain Cooper	M		02:26:37	05:47:59
77	116	Pete McIntosh	MV40	Metro Aberdeen running club	02:33:02	05:48:21
78	52	Colin Dyer	MV40		02:30:53	05:48:39
79	152	Karen Ritchie	F		02:35:04	05:48:46
80	7	Grant Bain	MV40		02:29:56	05:50:10
81	75	Jimmy Hendry	MV40	Hendry's Heroes	02:29:00	05:51:52
82	162	Edward Hill	MV40		02:34:10	05:51:59
83	18	Maciej Blazejczyk	M		02:35:47	05:52:07
84	169	Viki Smith	FV40	Greenock Glenpark Harriers	02:34:07	05:54:11
85	31	Neil Clark	MV50		02:30:20	05:59:56
86	108	Paul Martin	MV40		02:21:14	06:01:17
87	172	Jonathan Steele	MV40	Hardmoors	02:26:18	06:02:04
88	182	Callum Walker	M	Metro Aberdeen running club	02:33:06	06:04:16
89	64	Alison Gordon	FV40	Giffnock North	02:42:34	06:04:25
90	3	Ian Anderson	MV50		02:35:09	06:05:30
91	91	Colin Knox	MV40	Wee Grumpy Runners	02:39:27	06:05:33
92	61	John Gilmour	MV40		02:32:51	06:06:18
93	62	Liz Gilmour	FV40		02:32:48	06:06:19
94	134	Sandy Mudie	MV50	Lothian running club	02:40:05	06:09:14
95	104	Stuart Macfarlane	MV60		02:46:47	06:10:07
96	80	Julie Hunter	FV40		02:44:40	06:11:04
97	164	Carlos Sequeira	MV50		02:34:58	06:12:23
98	117	Kirsty McKay	FV40	wee county harriers	02:52:47	06:15:34
99	35	Elinor Coombs	FV40	wee county harriers	02:52:43	06:15:43
100	89	Elsbeth Kirkpatrick	FV40	wee county harriers	02:52:50	06:16:03
101	96	Graeme Lornie	MV50	Jog Scotland	02:39:35	06:16:22
102	147	Gordon Reed	MV40		02:24:21	06:16:27
103	59	Mark Fraser	MV40	Moray Road Runners	02:29:02	06:16:28
104	126	Derek Millar	MV40	Clyderunners	02:36:30	06:17:35
105	67	Ingrid Hainey	FV40		02:52:37	06:19:20
106	102	Lisa Macdonald	FV40		02:46:55	06:20:58

107	184	Robert Watson	M	Clapham Runners	02:33:08	06:21:34
108	173	Linda Stewart	F		02:48:47	06:23:06
109	127	Emma Millar	F		02:49:21	06:24:41
110	28	Naomi Cessford	F	Lauderdale Limpers	02:48:53	06:24:43
111	106	Neil MacRitchie	MV40		02:56:22	06:25:46
112	78	Barbara Hogarth	FV40	Grangemouth tri club	02:49:17	06:25:52
113	27	Mark Cassidy	MV40	JogPKC	02:42:45	06:26:17
114	148	Paul Reid	M		02:51:31	06:29:03
115	186	Ella Webley	F	Perth Road Runners	02:44:06	06:31:39
116	115	Andrew Mchendry	MV50		02:50:19	06:32:06
117	133	Scot Moggach	MV40		02:49:24	06:32:59
118	154	Gregor Robertson	MV40	Garioch Gazelles	02:49:29	06:33:00
119	168	Gillian Smith	F	Perth Road Runners	03:13:41	06:40:00
120	187	Susan Westland	FV50	wee county harriers	03:01:17	06:40:30
121	34	Gary Connelly	MV50		02:40:00	06:42:44
122	105	Lesley Mackenzie	FV50		02:52:37	06:43:34
123	114	Graham McElwee	MV40		02:52:39	06:43:35
124	24	Paul Burns	M		02:49:44	06:51:27
125	170	John Stapleton	MV50		02:49:49	06:52:50
126	90	Andy Kite	MV40		02:52:34	06:53:00
127	92	Alexandra Kotowicz	F	Glenrothes Triathlon Club	02:58:33	06:54:20
128	124	Matthew McPherson	M		03:06:59	06:56:35
129	30	Jane Chisholm	F	Highland Hill Runners	03:03:03	06:57:50
130	97	David Love	MV50		03:06:57	06:58:26
131	56	Michael Feeney	M	Vegan Runners	02:50:17	07:00:22
132	82	Carol Irving	FV40	Muckle Toon Joggers	02:59:45	07:02:07
133	4	Kirsty Ash	FV40	Muckle Toon Joggers	02:59:48	07:02:08
134	55	George Fagan	MV40	Dunoon Hill Runners	02:54:57	07:02:41
135	19	Monika Boyd	FV40	Dunoon Hill Runners	02:54:57	07:03:15
136	5	Rosina Attwood	FV50		03:07:34	07:10:09
137	71	Pamela Harrison	FV40	Metro Aberdeen running club	03:25:33	07:26:58
138	157	Sarah Robertson	FV50	Carnethy Hill Running Club	03:32:25	07:27:58
139	86	Andrew Jump	MV50		03:13:36	07:37:28
140	180	Fiona Tweedie	FV40	Steel City Striders	03:17:48	07:37:37
141	70	Katherine Harrison	FV40		03:26:13	07:40:05
142	190	Gary Wilson	MV50	Stirling Bike Club	03:06:40	07:53:49
143	40	John Cowan	MV50		03:21:36	07:59:31
144	113	Roslyn Mcelroy	FV50		03:24:03	07:59:34
145	141	Jennifer Portch	FV40	Edinburgh running network	03:40:09	08:25:36
DNF	44	Craig Cunningham	MV40		01:56:27	-
DNF	112	James McCleary	MV40	Norham Running Club	02:39:23	-
DNF	81	David Inverarity	MV40		02:17:00	-
DNF	95	Donna Leslie	FV50	Deeside Runners	03:48:49	-
DNF	177	John Thow	M		02:23:50	-
DNF	29	David Chapman	M		02:48:54	-